

Pre-Production Planning Document (MINI DOC)

GENERAL INFO

1. **Your Name:** Maddie Vale
2. **PROJECT:** Mini Documentary/Biography/News Package

CREATIVE BRIEF

1. What must it be?

This Mini Documentary must be a

2. Who is it for?

Athletes, dancers, dance enthusiasts

3. How long must it be?

It must be 1-5 mins long.

4. What is your objective with the piece?

The overall objective is to highlight the grit and determination behind athletes who overcome injuries to pursue their passions.

5. When is it due?

This documentary is due on Sunday December 15th at 11:59pm

6. What is the overall idea?

The overall idea is to highlight Alexa's return to dance after tearing her ACL in February 2024.

7. What is the storyline summary?

We start by being introduced to Alexa, a member of the QU dance team. Learning about her passion and background surrounding dance and dance team. From there, we are brought into her final performance in February 2024, where she tore her ACL. We will then be brought through Alexa's journey through surgery and recovery since then, seeing how she has been putting in the work to be able to do what she loves again.

8. Elevator pitch:

Meet Alexa, a dancer working towards her return to the stage after an ACL injury. Join as we follow her journey through recovery, from physical therapy to rehearsals, showing the challenges she faces and her determination to keep going. Alexa's story is about resilience, passion, and rediscovering herself through dance.

9. Tagline:

Rebuilding strength for a return to the stage

10. Look and feel description (including "pacing"):

I want this to feel very authentic and personal. It'll be a snapshot of the last few months of Alexa's journey and will have a moderate pace. Not too slow, but not too fast.

QUESTIONS / NOTES

SUBJECT:

1. Why did you choose this story?

I chose this story because I have had the privilege of watching my teammate, Alexa, make this remarkable recovery. The way she has handled her situation with such grace has been truly inspiring.

2. Story ideas:
 - What caused the injury
 - Mindset change/growth
 - Journey to recovery
 - Recovery process
 - Timeline

NARRATION/HOST:

3. Who will lead us through the piece?

Me and Alexa

4. Narration ideas:

Mainly through interviews and conversation, base around what Alexa and I record and then decide what information should be narrated from there.

INTERVIEWS:

1. Who will you interview?
Alexa Prieto, Quinnipiac Dance Team Member
2. Why is this person important to the piece?
This piece is about Alexa's recovery and return to dance from a torn ACL.
3. What questions will you ask?
 - Describe happened?
 - What was going through your head when you got the diagnosis
 - Talk about your recovery process
 - How has your mindset changed since your injury?
 - What or who has helped you most throughout your recovery?
 - Where do you see your dancing going from here?
 - What advice do you have for people struggling with injury?
4. What follow up questions might be important?
 - Based on what Alexa shares with me, I can go from there with relevant questions

B-Roll:

1. What b-roll visuals will be important to convey the story? Keep in mind you should show what the interviewees are talking about.
 - The dance the injury took place in
 - Videos from PT/recovery/etc.
 - Videos from practice/games/dance events
2. Any still images or charts or graphics?
 - Dance photos
 -
3. Is the nat sound of the environment important? If so, be sure to record it properly.
 - no
4. B-roll ideas:
 - Practice footage
 - Behind the scenes footage
 - Performance footage

MUSIC:

1. What is overall “mood” and “feel” of the piece?
 - Inspirational
2. Music track ideas:
 - Inspirational
 - Possibly athletic
 - Calm

PERMISSIONS:

1. Am I allowed to film here? Do I need permission and/or a permit?
 - I am allowed to film in the room I have booked, and the videos are from public performances and locations
2. Will any people be in my shots? Do I need permission and/or release forms?
 - There will be people and dancers in the background of our shots, but we will not need permission because they are not the focus, they are in the background of Alexa

GENERAL:

1. What gear do I need to pack and bring with me for the shoot? Film gear, sunscreen, water, etc.
 - Camera
 - Tri-pod
 - Mic's
 - Lights
2. How will I transport everything and keep it safe?
 - In my backpack
3. Are there any potential hazards or complications at this location?
 - No

SCRIPT

Name: Maddie Vale

Title: Mini doc (Title Coming Soon)

<u>VIDEO</u>	<u>AUDIO</u>
WS Fade up from black to Alexa sitting down/getting settled	Fade in audio with video
Dance videos/photos from throughout the years.	<ul style="list-style-type: none">- Introduction to Alexa- Talk about her dance career- Describe the day of her injury, the day, the dance, the details- Interview answers- Wrap up based on interview/conversation
WS from 2024 jazz dance	
WS Interview	
CU from injury, recovery, PT	
WS Interview	
WS and CU from practices, games, etc. since being back	
WS Interview	
CU Practice, knee brace	
WS Interview	
Fade out	

(OPTIONAL) STORYBOARDS

If it is useful for you, sketch out a storyboard, for each of the visuals listed in your script above, or possibly the kind of b-roll shots you would like to capture. Be sure to clearly show the kind of shot (i.e. WS - Wide Shot, CU - Close Up, ECU - Extreme Closeup, O/S – Over Shoulder), and indicate any camera or subject movement. You might want to make a note of what this is and why this shot is important (i.e. “establishing shot for barn”, “show detail of blue flowers”, “show reflection of tree in fountain”, “visitor walking from right to left in frame”, etc.).

You can print out and sketch (hand draw) on the separate *Storyboard Template* document, then scan or snap a photo of it to add the completed storyboards here (as JPG files).

[If desired, insert all storyboard images here]

CREATE A PDF

When you are done creating this document, you should create a universal PDF document that can be easily posted to your blog or emailed (it's not safe to assume everyone has Microsoft Word, and the files can be very large).

To do this on a Mac, click File>Print and then click the option for PDF in the lower left, followed by "Save to PDF". Contact me if you need help on a PC.